



# UNIVERSITY OF ABUJA

*The University for National Unity, The UofA of Nigeria!*

P. M. B. 117, ABUJA

**Centre for SIWES Student Mentoring & Employment (CSSME)**

Presents:



**MENTORS (PARAGONS)  
& MENTEES (PROTEGES)**

**Closing Meeting & SMSB Dinner**

**Thursday 3rd February, 2022**

## Programme of Event



**MRS. ENIYE MARY AGBATOR**  
Chairperson, SMSB



**PROFESSOR ABDUL-RASHEED NA'ALLAH**  
Vice Chancellor



**DR. GRACE OYIZA ANIBASA**  
Director, CSSME

*Imparting Lives, Building Societies*

# ◀ MENTEEES' TESTIMONIALS ▶ PROTEGES



I am very excited that we were asked to share our exp as testimonial on the Mentoring Scheme. I ma a mentee, the mentoring scheme through the guests invited and guidance from my mentor had help me to know more about how the University System works, to become more civil when dealing with people, how to manage time (knowing what are important and cutting out the unnecessaries), and also how to manage my emotions.

Most importantly, through the scheme I have been able to get goals not just educational but also for my future as wel.

Finally, I will like to thank the Vice Chancellor and the entire board for creating the scheme

**Aisha Raji Nana**  
**Physics Department**



**Name: Samuel ThankGod Ede**  
**Matric No.: 20/205CHE/043**  
**Department: Chemical Engineering**  
**Mentor: Ivoke Promise Nnaogo**

My Report About the Mentoring Scheme

The mentoring scheme was really helpful to me. It brought to my knowledge many things I didn't know.

Thanks to my mentor, I've been exposed to opportunities in the school that can help me as a student both financially and academically.

Another significant thing I've gained from this scheme is that my mentor made me to understand that there are ways to help myself and my parents with the school expenses through application for scholarships and being a student worker.

I must say, this mentoring scheme is like a pacesetter for new students.

In conclusion, I would like to thank the current Vice Chancellor for bringing such scheme because it has been helpful.

I believe this scheme will also help a lot of other students like me.

Thank you.



Having a mentor in a big institution you are new to is necessary. I remember being tensed at the beginning of f this programme but we were advised to relax and interact with our given mentors  
If there is something I did was to bombard my mentor with questions and she had the most logical answers.  
My mentor Princess Osas is one who would encourage you and share relevant tips, her experiences and if possible site examples to drive home her point.  
I'm very glad to have met her.

**Henrietta Awah**  
**20/205CHE/047**  
**Chemical engineering**  
**Engineering**

**My Mentor: Princess Osayuwamen Nosawema**



The Mentee and Mentor relationship was far from being boring but insightful and inspiring. It is a ground which place many students on the path of leadership.

The moderator is not only the best counselor I have met recently because she is a lecturer but because she moderated the program with her life experience vis a vis academic. We were all trained according to our strengths as the Paragons are from our similar field of studies. The carefully selected Paragons displayed so much professional in discharging their roles to us the Mentees - we all role like brothers and sisters. There was a good rapport not only on course related issues but personal life enlightenment.

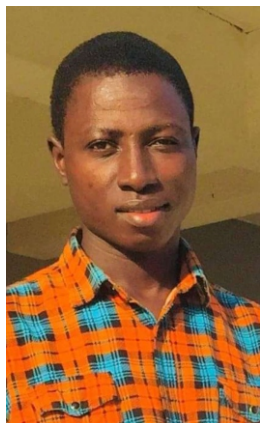
The Mentee-Mentor programme is a good opportunity for me as it helps to facilitate much more needed knowledge about the school and the outside world. My Paragons impact (ed) me academically, financially and morally.

I am glad to be part of the program. However, I am looking forward to another year of mentorship.

**Adepoju Jamiu Ibitayo**  
 20/209POS/296  
 Political Science and International Relations



**My Paragon:**



**MY EXPERIENCE AS A PROTEGEE ON UNIABUJA 2021/2022 MENTORING SCHEME**

My name is Salihu Iliya from the Department of Medicine and Surgery. Before proceeding to share my experience I will be very delightful to thank the university for starting such a wonderful programme. As a medical student before this programme I was still having countless questions in mind that needed answers as I was still new into the school but with this programme I have learnt the in and out of my course and how to go about it in this prestigious institution. It has opened to me the importance and significance of junior to senior relationship in school especially of the same course. It has also inculcated in me good leadership skills and how to treat groups of people for better response.

I also added to my confidence as I can now ask question anywhere concerning what am in darkness on e.g in lectures. I also the importance of being a law abiding student as it rewards and made it clear to me that it is incomparable to being a notorious student. Once again I thank UniAbuja for this programme.

May the Almighty elevates the institution in all angles.



**NAME: AKINPELU SUKURAT OPEYEMI**  
**REG NO: 20/206LAW/129**  
**LEVEL: 200LEVEL**  
**DEPARTMENT: INTERNATIONAL LAW AND JURISPRUDENCE**  
**FACULTY: LAW**  
**MENTOR: ATER, SOLOMON VENDAGA**  
**CO-MENTOR: HELLEN OMOESHO**

**MY EXPERIENCE WITH THE MENTORING SCHEME**

My experience has been a wonderful one so far. I've had a great time with my mentors and other mentees like myself... They help build directions making plans on how to have a fulfilled academic session. My mentors are very encouraging and persuasive; they have such a great deal in the mentoring program...

Thank you



**MY EXPERIENCE AS A PROTEGE**

My name is Eso-Biachi Naomi Chiamaka, 200 level Sociology Department. I was introduced to the student mentoring scheme(SMS) last semester.

The SMS helped me in a lot of areas as a student, it helped to introduce me to the school schedule, activities and also helped to improve my academic skills.

It helped me to be able to socialize more and ask questions when needed. My mentors also played a valuable part as they helped me in difficult times.

My mentors taught me a lot of things and helped me to balance out my school life and difficulties.

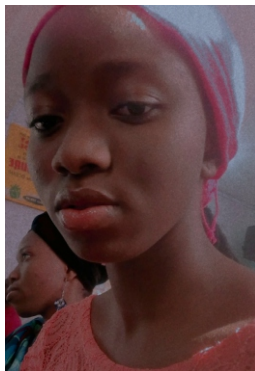
Most importantly, one of the values of the SMS is the fact that is students can get working experience in the school which I heard can help is after we graduate, it provides us the opportunity to be able to work for ourselves and encourages us to improve our CGPA to be able to enjoy the benefits.

I just want to say it's been a wonderful experience for me as I have met a lot of great people who helped me with my problems and tried their best to make the school easier and more comfortable for me.

Thank you.

Naomi

20/209SOC/192



**My proteges experience**

**Name: Gbadebo Grace Temitayo**

**Matric number: 20/209SOC/195**

**Faculty: Social Science**

**Department: Sociology**

**Level: 200**

**What I have learnt from the mentoring**

The mentoring session has been really helpful for me in so many ways.

My mentors were able to guide me on the following way:

1. The school's rules and regulations.
2. how to behave as a student.
3. How to avoid getting involved with the school irregularities.
4. How to maintain a good and steady relationship with my course mates
5. How to balance my school activities and social activities.
- 6 How to get good grades in class.

Aside from these methods they also enlightened we the mentees on the Student's Eemployment Scheme, which is beneficiary to us not only in monetry terms but also its gives us a working experience even while in school.

**About the students mentoring scheme**

In order to get this privilege of being a student worker, one must at least achieve the following;

1. Be on second class upper and above, which is from 3.50 to 5.00
2. One must be of good conduct and behavior.
3. Such person must not have any carry over to be eligible for this opportunity.

**In conclusion,**

The students mentoring scheme has made me more interested in my studies and also my social life, in order to relate well with the people around me.



**My name is Madaki Hassan Kasim.  
From the Department of Biological Sciences  
Faculty of Science  
A Mentee.**

Placing this program side by side with my life experience in UniAbuja. Right from the day we had our first seminar there is this change in plans and management of time I have adapted to both in the school environment and outside the school I tried to impact same lessons to other people out there.

And my mentor Yusuf is another person I will never forget. He makes my study mood an improvement that I am even more comfortable with.

I have so much to say about my experience.

Thank you so much Ma,  
For the programme.



**Name: Nwador Favour  
Department: Physics  
Faculty: Science  
Level: 200L**

I am indeed grateful and thankful to the student mentoring scheme.

I really testify that being mentored by my mentor "MARTHA AUGUSTINE" has indeed been very helpful to me as she always put me through academically not just that but also in personal life as a sister and a mother in school who I can always run to.

I can really say that my first semester result was really amazing all thanks to her as my mentor and the school for providing the student mentoring scheme.

I am indeed grateful to the school for organizing a scheme like this.

I pray it continues like this so that this newly admitted 100L can also benefit from it and it will also help them know the reason and essence of coming to this great "UNIVERSITY OF ABUJA "

### MY EXPERIENCE AS A PROTÉGÉ

My name is Nlend David from Sociology Department, 2001.

When we met our mentors, we were given the opportunity to interact and ask a lot of questions that were confusing and challenging to us.

I have been able to learn a lot of skills which include mental, physical and public skill and even in the area of networking and communication with other peers and strangers.

I was taught how to strike a balance between my emotional, mental, financial and academic life both on campus and off campus too.

I have been able to learn a lot from the experiences of my mentor in various aspects of life and also as a student worker and some of the benefits that we stand to gain from it ranging from my social skills down to my reading and communicating abilities. It was fun and interesting knowing my mentor because he was accommodating and loving enough with a selfless personality always ready to serve and teach and I do not take it for granted. Thank you.

**Nlend David  
20/209Soc/223  
(Sociology Department).**



I'm Abdulkareem Yusuf Olawale from department of biological Science I want to express my intention about Paragons-Proteeges relationship which is very good and educative. I can say through this I'm able to get close to Mentees in which they share their challenges which in one way or the other I'm able to help.

It form a close relationship between new students and Paragons and give them the freedom to express their challenges and I'm glad that through this scheme I'm able to help lots of them Talking about personal development, advising others improve ones mental health and thinking faculty which I've seen a lot of improvement in myself.

Lastly I want to say thanks to the Scheme, The Director (Dr Grace Anibasa) and the Vice Chancellor (Prof AbdulRasheed Na'allah) for bringing this wonderful scheme.



I am by name Ameh Godwin Mabeni ,a student of the University of Abuja from the Department of Mathematics Faculty of Science. Well I would just love to give a brief note on my experience as a mentee.

I really don't have much to say I just want to say a big thank you to the scheme for pairing me with a great mentor by name Jonah Joseph Ejutereju, with Reg number:17285003. He has been more like a father to me during my first year in the school. he always made it a priority to check up on me and also anytime had an issue he was there to make sure that it didn't stop me from being focused on my studies, not just that through this scheme and also with the help of my mentor I have been able to work on myself as a whole on the things I do.

I would say I have actually benefitted a lot from this scheme in the sense that I was able to develop a good communication with people and also was able to self-reflect on things and most importantly with his guidance I will say that I was able to achieve some set of goals which I had in mind from the start.

I would love to say a big thank you to him personally for his support and also the UoFA for this scheme which allowed me to be guided on the right track.

# ◀ MENTORS' TESTIMONIALS ▶

## PARAGONS



My Name is Echeomuha Ahuoiza Peace with SES No. 384, From Faculty of Agriculture department of Animal Science

I must really say that I'm grateful to the Vice Chancellor for this golden life changing opportunity. This opportunity has opened me to learnings that has given me a hedge over every other student not involved in this scheme. The working ethics, standard, behaviour and many others that I can mention but a few.

For one is the opportunity of being a mentor. It's quite demanding but I feel happy making someone life easier, helping them avoid the mistakes have made and even impacting them. The way they listen to me and adhere to my advice makes me feel like a good leader in making.

My communication skills have improved; my emotional intelligence has also improved. Oh I am extremely grateful.

Thank you our Vice chancellor  
Thank you our Director

May God bless you

**Echeomuha Ahuoiza Peace**  
500 Level  
17211033  
SES/384



I am Damilola Ogbonnaiye SES/478, Department of soil science, Faculty of Agriculture. An Office Assistant at the Dean of Faculty of Agriculture. I need to surely admit that I'm thankful to the Vice chancellor in the person of prof. Abdul-Rasheed Na' Allah for the vision he has. Life as a student employee has taught me a lot and additionally impacted in me great working ethics. I have been opportuned to meet people which have impacted a lot in me, specifically within the unit I am posted to. SES has made me understand what a job interview seems to be like, I have learned sufficient working ethics from webinars and seminars hosted through the Director, which might be my manual in work hunting after school. I have additionally been capable of clearing up a few monetary troubles with my stipend.

Moving on, I'm so proud and happy of the possibility of being a mentor. It has absolutely established in me the attributes of leadership, it's pretty traumatic however I feel glad making a person lifestyles a lot easier and impacting more youthful students positively. I have heard of schemes like this going on

globally, in no way would I have thought it would be in University of Abuja.

Thank you to our Vice chancellor  
Thank you our Director May God bless you  
Long live SES! Long live SMS! Long live University of Abuja!  
Greater heights are assured.

**Damilola Ogbonnaiye**  
500 level  
17211212  
SES/478  
Soil Department.



My name is Onyinye Mkpuluma Amaka, a final year student in Sociology Department of the University of Abuja and also a worker in the Students Employment Scheme (SES) which is a program that was established by the University management for students to develop their independent skills and also assist them financially with a descriptive outline of schedule of duties for each student employee. I was however granted the opportunity to be part of this scheme on the 19th of July, 2021.

The Student Mentoring Scheme was incorporated under the umbrella of SES as at the same time the SES was established. With the aim to broaden the abilities of student workers/mentors and mentees in developing themselves.

I am honoured to be part of this scheme and privileged to mentor our 100 level students which has allowed me acquire the necessary abilities like effective communication, listening and coaching skills. It encompasses great unique skills that have helped me to influence, direct and guide the Mentee by reinforcing my knowledge and enhancing my capabilities.

I was also able to assist the mentees in their academic areas which they found difficult to understand. They were introduced to the SES program and advised to enroll. We have organised meetings both virtual and otherwise were issues and challenges of each Mentee were discussed and solutions were proffered.

They were also briefed on how the SES program works, the criterion, the benefits, impacts, and opportunities they will achieve as student workers. It is a great delight that they gave every talk a listening ear and it is also a greater delight because they adhered to it. They improved on their social skills, educational skills, interpersonal skills and effective reading and writing skills.

Finally, most of them have developed interest in participating in SES.

I am grateful to be part and parcel of this scheme and hope to impact more lives for efficient service delivery in our society.

**MKPULUMA ONYINYE AMAKA**  
**SOCIOLOGY DEPARTMENT.**



I am Adeoye Samuel, SES (660) 400level Sociology Department.

I have been fortunate enough to be a mentor, and it's something I love and encourage everyone to do. I've been able to share the knowledge accumulated in the cause of learning in the University of Abuja and experience while learning about others as a mentor in the Center for SIWES, Student Mentoring and Employment (CSSME). I have gained excellent insight into many facets of business and life. As a Paragon I was opportune to be trained and digested knowledge from people of achievement and greatness like Prof. Ikupaolati and others.

Mentoring, in my opinion, is one of the most effective methods to learn and develop, with my social skills, communication skills and leadership skill developed for free.

All thanks to the school and the scheme for this initiative and active idea.

**THE PRIVILEGE OF BEING A MENTOR**

I am very lucky and at the same time appreciates the management of this great institution U of A to have made me part of the mentoring process throughout my final year career and it's something I urge everyone to do.

As a mentor, I have been able to pass on my knowledge and experience while learning about others.

My mentees received invaluable insight into all aspects of work and life.

In my opinion, done right, the mentoring process is one of the best ways to learn and develop and can be the difference between making or breaking. But it is a process of cross-cultivation and is far from one-way learning.

All thanks to the Greatest and visionary Vice Chancellor of all time and to the Director, God bless you all.

**IVOKE PROMISE NNAOGO,**  
**Civil Engineering Department. 500 Level**







**MY EXPERIENCE AS PARAGON**

My name is Igwe Chukwuemeka Cyprian from Sociology Department 400 level. Prior to the introduction of Student Mentoring Scheme (SMS).

I have twice had the opportunity to mentor our new student, interact, and answer questions that have been challenging to them. With a sense of humor.

Moreover, I have developed my interpersonal communication skills, improve my understanding ability and also serve as a mentor to them.

I have shared knowledge of my early days with them, not to be a victim of mistakes I made.

Finally, I have also observed improvement in there reading ability, social skills most of them have developed interest in working as a student worker, after knowing fully how important their results are and the mentees training will help them to achieve this goal.

Thank you

I remain my humble self

**IGWE CYPRIAN**  
**(SOCIOLOGY DEPARTMENT)**  
**(SES 493)**



**Mentor-Mentee experience**

Haven been privileged to be part of the mentor-mentee initiative program, I have learnt a lot and my experience with the mentee actually yielded a very positive impact.

For me, just sharing my experience with them, gave them a reason to do away with their fears and with constant communication, they all testified that if I can do it, they can do better than me.

Even at that, I strongly urge the Centre to do everything possible to keep the scheme alive because many has been saved from my short experience as a mentor.

Thank you.

**Kenneth Ezurike**  
**600L Medicine and Surgery.**

I am Aniebeth Ezekiel SES/308, Department of Animal science, Faculty of Agriculture.

I must really say that I'm grateful to the Vice Chancellor for the vision he has.

Life as a student worker has taught me a lot and I've been able to meet people that have impacted so much in me especially in the unit I was posted to. SES made me know what a job interview looks like. I have learnt working ethics from webinars and seminars hosted by the Director. I have been able to solve some financial issues with my stipend.

One thing I am so proud of is the opportunity of been a mentor. It's quite demanding but I feel happy making someone's life a lot easier and impacting younger colleagues positively.

I have heard of schemes like this happening abroad, never taught it would be in UofA

Thank you our Vice chancellor

Thank you our Director

May God bless you

Long live SES, Long live SMS, Long live UofA, Long live Abuja, Long live Nigeria

**Aniebeth Ezekiel**  
**500 level**  
**17211060**  
**SES/308**  
**Animal Science Department**



I am Valentine Kingsley a four hundred (400) level student of political science and international relations, University of Abuja

I started working as a student worker when I was in my two (200) level under the transport unit and I want to attest to the fact that I have actually benefitted a lot from the scheme in the following ways:

### **Savings**

Firstly, as a student worker I earned a monthly stipend of 10,000 naira every month depending on how many hours I worked in that month. And from this stipend, I have been able to cultivate the habit of saving money as each stipend that comes I will first of all remove 2,000 naira for my savings.

### **Multitasking**

Secondly, as a student worker I'm always conscious of the fact that I am not only a student but also a member of staff to some extent so I plan my day in such a way that it will incorporate my academic, work, sports and fellowship. This has helped me to learn effective time management.

### **Experience**

Thirdly, working under the transport unit as a queue buster has availed me the opportunity to meet with different people and understand how them.

E.g Dr Jude Nwabueze the Director of the Transport Unit who has been more than a father to me as well some members of staff who have also been so good to me.

In addition, I was one of the students selected to visit the Korean cultural center at some point. And I also served as voluntary usher in some events with so many dignitaries in attendance a rear opportunity for somebody like me.

### **Mentoring**

Fourthly, while in my early years in school I made some mistakes because there was nobody to guide me. But the scheme has helped me to pass down my knowledge and experience to my Protogen (Mentee).

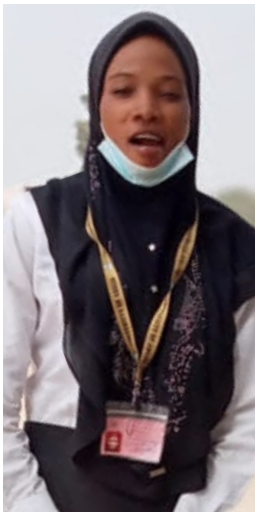
### **Seminars, workshop and lectures**

Lastly, the scheme has offered me so many opportunities to attend seminars, workshop etc for free which ordinarily people out there pay to attend e.g the mentoring seminar

Finally, I want to use this opportunity to thank Dr. Grace Oyiza Anibasa the Director of Students Employment Scheme, Prof. Abdul-Rasheed Na'Allah, the Vice Chancellor of University of Abuja, and all members of staff of this great institution who has worked in one way or the other see that we students are comfortable even while we are schooling God bless you all.

And I also want to use this opportunity to call on students who's CGPA are on 3.5 and above (the basic requirements) to apply so that they too can also enjoy the benefits the scheme has to offer.

Thanks.



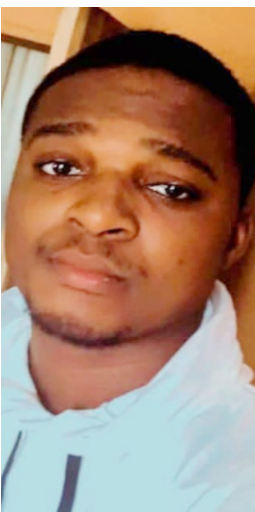
NAME: ATER, SOLOMON VENDAGA  
 SES ID: 724  
 FACULTY: LAW  
 DEPARTMENT: PUBLIC LAW  
 UNIT POSTED: DEPARTMENT OF JURISPRUDENCE

**MENTORING EXPERIENCE**

The mentoring scheme is quite a great innovation for the Center as it is aimed at equipping student-mentors with the foreknowledge and skills that will make them great mentors in the nearest future. It also provides an opportunity for students to also help themselves grow successfully and become part of the school's vision of raising great leaders. I am opportuned to be part of this invention and the experience is sui generis. Within the time frame of being a mentor, I have had the opportunity of helping mentees navigate through their academic journey by constantly providing guidance, resourceful materials, career development opportunities, etc. It has also helped me grow in areas of leadership and purpose coaching.

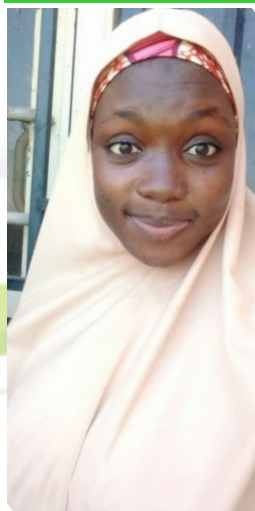
I want to commend the amiable and well-refined Vice-Chancellor, Prof. Abdul-Rasheed Na'Allah for providing this platform for us and to our industrious and committed mother, the Director for the Center, Dr. Grace Oyiza Anibasa for always driving the success of all we do at the center with so much dexterity and passion.

It is quite an honor and I'm grateful for it.



**My experience as a Student Mentor (Aregbesola Marvelous)**

The Student Mentoring Scheme has been an interesting and rewarding experience for me. It gave me the opportunity to be mentored by some of the finest minds on various industries as well as give me the opportunity to mentor a few students. When I was first admitted, I didn't really know much. The Dos and don'ts of the university were something I learned only through trials and much errors. So when I was given the opportunity to make sure some students didnt go over the experience of loneliness, and ignorance, it was a very welcome idea. To say I was able to show my mentees a bit is true but that is paired heavily with what they also were able to show me. I learnt a lot from the scheme and hope to see more of it as time goes on. God bless UofA



My name is Farida Idris from the Faculty of Science, Department of Biological Science. I am a paragon (a mentor).Being a paragon in this great institution (University of Abuja) is not a small opportunity.

It is one of the best things that happen to a student in his or her institution. Being a paragon have made me open to other students, the ability to advice and talk freely with other students, the sense of feelings by putting myself in the shoes of students who have issues within the school environment in order to make sure everything is going well and fine.

This mentoring program has done more good to me that I can't come out to say it out but rather, you can see the impact in me. There is nothing I can say to our V.C, our Director, our mentors who sacrificed there time to put us through a work shop, rather than to pray for God's blessings and protection upon you always.